

Registration Form

(continued from other side)

ENTRY CATEGORY (check one):

- 5K RUN/WALK 1MILE FUN RUN/WALK

ENTRY FEE (check one):

- \$15 – children (12 & under)
 \$25 – adults through October 29
 \$30 – after October 29
 Free for lung cancer survivors

(T-shirts guaranteed if registered by October 29.)

ADDITIONAL DONATION:

I would like to make a tax deductible donation in the amount of (\$10) (\$25) (\$100) Other: \$ _____

Waiver/Disclaimer

I, the undersigned, know that the event I am entering carries the risk of personal injury or damage. I know that a running event requires training, and I certify that I am physically fit for this event. I hereby waive and forfeit all rights I may have to file suit or make claims against Hope Lung Cancer 5K and the directors thereof, any other sponsoring organizations, and all persons connected with this run/walk for injuries I may suffer at this event. I understand that no refunds can be made if the event is canceled due to weather conditions or other circumstances beyond the control of the organizers. I also understand that strollers are allowed only on the walk but that rollerblades, bicycles, and dogs are not allowed in the race or walk and will abide by this guideline.

X _____
PLEASE SIGN HERE

TIMING, AWARDS AND MEDALS:

Timing chips will be available to all registered 5K participants. Top overall male and female finishers will receive cash prizes as follows:

1st place: \$100 • 2nd place: \$50 • 3rd place: \$25

Ribbons will be awarded to male and female overall winners and 5K winners in the following age categories: Under 10; 10-14; 15-19; 20-24; 25-29; 30-34; 35-39; 40-44; 45-49; 50-54; 55-59; 60-64; 65-69; 70 and over. In addition, lung cancer survivors who complete the 5K will be recognized.



Lung Cancer Facts

- Lung cancer is the number one cancer killer in both men and women. It claims more lives than breast, colon, prostate, liver and kidney cancer combined – yet is the least funded of all major cancers.
- The majority of people diagnosed with lung cancer are not current smokers. While smoking is the number one risk factor for developing lung cancer, half of all new diagnoses are in former smokers. And 10%- 15% of those diagnosed have never smoked.
- Radon is the number one cause of lung cancer in those who have never smoked, and the number two cause in smokers. According to the EPA, 21,000 Americans will die from radon-induced lung cancer this year.

2011 HOPE Lung Cancer 5K generously sponsored by:



2010 HOPE Lung Cancer 5K generously sponsored by:

Genentech philosophy
A Member of the Roche Group



O-P-I



The HOPE Lung Cancer 5K

Where HOPE for lung cancer takes flight

www.HopeLungCancer5K.org

Saturday, November 5, 2011
Tanglewood Park, Shelter #4
Fun Run: 8:45 a.m.
5K Start Time: 9 a.m.

4061 Clemmons Road
Clemmons, NC 27012



All proceeds from this event will remain in the Triad and will be shared among the Derrick L. Davis Forsyth Regional Cancer Center, Cancer Services, and Dusty Joy Foundation. Proceeds will be used for lung cancer awareness, education and patient support.

Race Day Schedule

TIME:

7:30 AM Registration Opens
8:30 AM Survivors Photo
8:45 AM 1 Mile Fun Run/Walk
9:00 AM 5K

(Awards presentation immediately following 5K)

RALLY & COOKOUT FOR EVERYONE AFTER 5K!

LOCATION:

Tanglewood Park
Shelter #4 (turn right at train)
4061 Clemmons Road
Clemmons, NC 27102

DIRECTIONS:

From Winston-Salem, travel West on I-40
Take Exit 182 towards Tanglewood
Turn Left onto Harper Road
Turn Right onto US 158/Clemmons Road
Tanglewood Park is ahead on the Left

VOLUNTEER OPPORTUNITIES:

For questions or volunteer opportunities, contact:
Sue Kirby 336-760-9983
sue.kirby@cancerservicesonline.org



Additional Information

FEES:

Early Registration (through October 29) \$25
Late Registration (after October 29) \$30
Children Under 12 \$15
ALL Lung Cancer Survivors FREE*

*T-shirts guaranteed for all early registrants.
Lung cancer survivors must register by 10/29 to receive free t-shirt.

REGISTER ONLINE:

www.HopeLungCancer5K.org

REGISTER BY MAIL:

Send completed registration form along with check, money order, or credit card information to:

Hope Lung Cancer 5k
c/o Cancer Services, Inc.
3175 Maplewood Ave.
Winston-Salem, NC 27103

Do not mail cash. To receive early registration discount, forms must be postmarked by October 29, 2011.

REGISTER IN PERSON:

Fleet Feet Sports
50 Miller Street
Winston-Salem, NC 27104
336.722.8477
Monday-Friday 10-7 | Saturday 10-5
or
Race Day Registration
Saturday, November 5, 2011
Time: 7:30 a.m. - 9:00 a.m.
Location: Tanglewood Park, Shelter #4

Registration Form

YOUR INFORMATION:

Name _____

Address _____

City _____ State ____ Zip _____

Email _____

Phone _____ Sex: M F

Birth Date _____

Age on Race Day _____

T-shirt Size (Long Sleeve): YM YL S M L XL XXL

I am a lung cancer survivor and want to be recognized by receiving a special survivor T-shirt.

TEAM INFORMATION:

Team Name _____

Team Captain _____

PAYMENT INFORMATION:

Payment Method (circle): MC Visa Check AmEx

Name on Card _____

Card Number _____

Expiration Date _____ CVC Code _____

Billing Address (if Different from Above)

Street Address _____

City _____ State ____ Zip _____

MAKE CHECKS PAYABLE TO:

Hope Lung Cancer 5K

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